

CLUB INDUSTRY THE TOP 100 HEALTH CLUBS OF 2014



RANK	COMPANY	2013 REVENUE (MILLIONS)	REVENUE CHANGE ¹	FOUNDED	# SITES	# STATES OPERATING IN	# EMPLOYEES	# MEMBERSHIPS	# CLUBS OPEN/ACQUIRE IN 2014	SINGLE MEMBERSHIP DUES PRICE	HOUSEHOLD/FAMILY MEMBERSHIP DUES PRICE	PROFILE
1	Fitness International LLC (LA Fitness) Irvine, CA www.lafitness.com ***	1,700	N/A	1984	619	N/A	N/A	N/A	N/A	N/A	N/A	Fitness club chain.
2	24 Hour Fitness USA Inc. San Ramon, CA www.24hourfitness.com ***	1,300	N/A	1983	413	18	N/A	N/A	N/A	N/A	N/A	One of the largest privately owned multipurpose fitness chains in the United States.
3	Life Time Fitness Inc. Chanhassen, MN www.lifetimefitness.com	1,206	7%	1992	108	25	22,666	789,490	7	\$85.00	\$210.00	Public operator of large sports and athletic, professional fitness, family recreation and spa centers.
4	ClubCorp Holdings Inc. Dallas, TX www.clubcorp.com	815.1	8%	1957	154	25	13,300	146,802	0	N/A	N/A	Public operator of large, upscale sports clubs plus golf clubs, country clubs and dining clubs.
5	Equinox Holdings Inc. New York, NY www.equinox.com ***	740	N/A	1991	66	6 plus DC	N/A	N/A	N/A	N/A	N/A	Upscale, full-service club chain.
6	Town Sports International Holdings Inc. New York, NY www.mysportsclubs.com	470.2	-2%	1973	162	8 plus DC	7,800	497,000	8	\$99.99	N/A	Public owner and operator of fitness clubs in the Northeast and Mid-Atlantic states.
7	Planet Fitness Newington, NH www.planetfitness.com	211	32%	1992	749	47	700	4,806,000	N/A	\$10.00; \$19.99 for black card membership	N/A	A franchisor of high-volume, low-price health clubs across the country.
8	Capital Fitness Inc. (XSport Fitness) Big Rock, IL www.xsportfitness.com	176	7%	1997	33	3 (IL, NY, VA)	3,350	301,000	4	\$30.00	\$25.00	Operator of 50,000-square-foot multipurpose centers and express model fitness clubs.
9	The Bay Club Company (formerly Western Athletic Clubs) San Francisco, CA www.bayclubs.com	139.5	3%	1977	12	1 (CA)	1,825	31,060	7	\$238.16	\$450.00	Developer, owner and operator of high-end multi-facility sport resorts.
10	Gold's Gym Dallas, TX www.goldsgym.com ***	135	N/A	1965	661	37	5,031	496,412	13	N/A	N/A	Large operator of franchised and corporate-owned clubs.

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11	Crunch Fitness New York, NY www.crunch.com	131	16%	1989	69	14	2,500	370,000	15	\$75.00	N/A	National club chain that fuses fitness and entertainment and franchisor of high-volume, low-price clubs.
12	Bally Total Fitness Chicago, IL www.ballyfitness.com **	108	N/A	1962	N/A	4 (CA, CO, NJ, NY)	N/A	N/A	N/A	N/A	N/A	Fitness club chain.
13	Sport and Health McLean, VA www.sportandhealth.com *	106.1	3%	1973	22	2 (MD, VA) plus DC	N/A	N/A	N/A	N/A	N/A	Mid-size and large multipurpose clubs.
14	Millennium Partners Sports Club Management LLC Boston, MA www.sportsclubla.com ; www.reeboksportsclubny.com	99.8	4%	2006	7	4 (CA, FL, MA, NY) plus DC	1,380	33,260	0	\$175.00	N/A	Private operator of luxury sports, fitness and wellness clubs until July 2014.
15 (tie)	Leisure Sports Inc. Pleasanton, CA www.leisuresportsinc.com	91	2%	1978	8	3 (CA, NV, OR)	2,000	68,799	3	\$127.00	\$225.00	Private company operating high-end sports clubs and hotels.
15 (tie)	Midtown Athletic Clubs and Midtown Health Chicago, IL www.midtown.com	91	0%	1969	29	10 plus Quebec	2,300	70,000	3	\$130.00	\$260.00	Owner of large, upscale sports resorts and manager of hospital and corporate fitness centers.
17	PFNY LLC Yonkers, NY www.planetfitness.com *	84.5	3%	2008	N/A	1 (NY)	N/A	N/A	N/A	\$10; \$19.99	N/A	Owner and operator of Planet Fitness clubs located in the five boroughs and suburbs of New York City.
18	The Wellbridge Co. Greenwood Village, CO www.wellbridge.com	79	4%	1983	19	7 (CO, GA, FL, MA, MD, MO, NM)	N/A	N/A	3	N/A	N/A	Owner and club management company of upscale facilities with a wide range of services.
19	Anytime Fitness Hastings, MN www.anytimefitness.com	68	29%	2002	2,373	50	167	1,890,000	300	\$40.00	\$80.00	Franchisor of all-access clubs.
20	Lift Brands (includes Snap Fitness) Chanhassen, MN www.liftbrands.com ; www.snapfitness.com	66.5	37%	2003	1,522	47	420	700,000	200	\$39.95	\$69.95	Multi-brand franchisor of fitness clubs and studios.

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21	CorePower Yoga Denver, CO www.corepoweryoga.com	58.7	30%	2002	92	11	1,937	22,369	20	\$135.00	N/A	Owner/operator of yoga studios.
22	East Bank Club Chicago, IL www.eastbankclub.com	55	0%	1980	1	1 (IL)	680	11,000	0	\$180.00	\$310.00	Large, multipurpose urban-based facility in Chicago specializing in fitness and social events.
23	Plus One Health Management New York, NY www.plusone.com	52.7	7%	1986	142	21	1,847	105,570	0	N/A	N/A	Manager of corporate fitness centers.
24 (tie)	Curves International Waco, TX www.curves.com ***	52	N/A	1995	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Franchisor of women-only clubs.
24 (tie)	Steve Nash Fitness World & Sports Club Vancouver, BC, Canada www.snclubs.com	52	8%	1959	18	All in Canada	1,000	110,500	1	\$48.00	\$85.00	Operator of mid- to large-size fitness clubs in the Greater Vancouver, BC, area owned by U.S.-based New Evolution Ventures.
26	Spectrum Athletic Clubs El Segundo, CA www.spectrumclubs.com	50	0%	1987	11	1 (CA)	1,100	40,000	1	\$99.00	\$169.00	Multipurpose club chain.
27	The Houstonian Club Houston, TX www.houstonian.com	48.3	9%	1980	4	1 (TX)	1,194	8,024	0	\$328.00	\$391.00	Private, multipurpose health clubs.
28	MediFit Corporate Services Inc. Florham Park, NJ www.medifit.com	45.6	8%	1995	249	32	2,300	130,000	15	N/A	N/A	Wellness and fitness consulting and management company.
29	Fitness Formula Clubs Chicago, IL www.ffc.com	45.4	9%	1984	13	1 (IL)	980	44,100	1	\$65.00	\$120.00	Privately held owner/operator of upscale fitness clubs in the Chicago area.
30	Island Tennis LP, dba Sportime Kings Park, NY www.sportimemy.com	45.3	3%	1994	13	1 (NY)	1,100	20,500	0	\$33.00	\$80.00	Owner and operator of tennis and multi-sport clubs.

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31	The Rush Fitness Complex Knoxville, TN www.therush247.com	44.8	-8%	2000	23	4 (GA, NC, SC, TN)	1,326	59,867	0	\$29.99	\$64.97	Fitness club chain sold to Gold's Gym in July 2014.
32	Richmond Fitness T/A American Family Fitness Glen Allen, VA www.amfamfit.com *	43	3%	1990	9	1 (VA)	N/A	N/A	N/A	N/A	N/A	Suburban, multipurpose chain ranging in size from 40,000 to 95,000 square feet.
33	Healthtrax International Glastonbury, CT www.healthtrax.com	42.2	3%	1979	18	8	1,500	36,791	0	\$60.00	\$85.00	Owner/operator of hospital-affiliated wellness centers.
34	ACAC Fitness and Wellness Centers Charlottesville, VA www.acac.com	41.9	11%	1984	7	2 (PA, VA)	1,038	23,525	1	\$91.00	\$154.00	Large, suburban multi-sport facilities with strong family and medical components.
35	Powerhouse Gyms International Novi, MI www.powerhousegym.com	39.5	1%	1975	330	33	415	1,200,000	18	\$29.99	\$54.99	Franchisor and licensor of clubs.
36	Lucille Roberts Health Clubs New York, NY www.lucilleroberts.com ***	37.8	N/A	1969	42	4 (GA, NJ, NY, PA)	N/A	N/A	N/A	N/A	N/A	Owner and franchisor of fitness clubs for women.
37	UFC Gym Santa Ana, CA www.ufcgym.com	36.3	73%	2008	100	25	1,200	60,000	65	N/A	N/A	Owner and franchisor of mixed martial arts clubs and boxing clubs.
38	DMB Sports Clubs LP dba Village Health Clubs & Spas Phoenix, AZ www.villageclubs.com	32	1%	1976	3	1 (AZ)	650	8,500	1	\$160.00	\$285.00	Operator of upscale health clubs and spas.
39	The Atlantic Club Inc. Manasquan, NJ www.theatlanticclub.com	28.5	2%	1977	2	1 (NJ)	649	8,880	0	\$113.00	\$275.00	Owner of upscale health clubs and spas.
40	Fitness Edge LLC Fairfield, CT www.theedgefitnessclubs.com	27.7	18%	1987	10	1 (CT)	190	68,000	2	\$9.99	N/A	Full-service health club chain.

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41	Mountainside Fitness Centers Tempe, AZ www.mountainsidefitness.com	27	N/A	1991	10	1 (AZ)	1,000	43,000	4	\$41.00	\$98.00	Locally owned and operated fitness club chain in Arizona.
42	Best Fitness Nashua, NH www.bestfitness.net *	25.8	3%	1996	10	4 (MA, NH, NY, PA)	N/A	N/A	N/A	N/A	N/A	Privately owned club chain.
43	Healthworks Fitness Centers Boston, MA www.healthworksfitness.com	23.5	6%	1977	8	1 (MA)	475	22,304	1	\$99.00	N/A	Operator of upscale fitness centers for women, a nonprofit foundation and two coed express clubs.
44 (tie)	Five Seasons Family Sports Club Covington, KY www.fiveseasonssportsclub.com	23	-26%	1988	6	4 (IL, IN, KY, OH)	700	9,700	0	\$134.00	\$250.00	Upscale clubs owned by Corporex Companies LLC.
44 (tie)	Merritt Athletic Clubs Baltimore, MD www.merrittclubs.com	23	1%	1977	15	1 (MD)	644	30,000	2	\$91.00	\$147.00	Multipurpose club company in the Baltimore area.
46	Saw Mill Sports Management Mount Kisco, NY www.sawmillclub.com	20	0%	1972	4	2 (CT, NY)	450	11,000	0	\$147.00	\$299.00	Multipurpose, suburban clubs.
47	The Longfellow Clubs Wayland, MA www.longfellowclubs.com	19.2	12%	1980	8	2 (MA, UT)	750	16,268	0	\$99.00	\$199.00	Multipurpose facilities with a focus on health, tennis and families.
48	Newtown Athletic Club Newtown, PA www.newtownathletic.com	17.6	31%	1978	2	1 (PA)	355	6,800	0	\$80.00	\$250.00	Multi-recreational health and fitness complexes, catering to families.
49	Akron General Health & Wellness Centers Akron, OH www.akrongeneral.org	17.4	11%	1995	4	1 (OH)	340	8,949	1	\$55.00	\$111.00	Medically based fitness and wellness centers.
50 (tie)	Bailey's Health & Fitness Jacksonville, FL www.baileysgym.com	17	0%	1981	14	2 (GA, FL)	375	42,000	1	\$19.99	\$39.99	Club chain in the Southeast.

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50 (tie)	Corporate Sports Unlimited Inc. Austell, GA www.corpsports.com	17	3%	1980	21	3 (GA, MN, TX)	247	21,450	6	\$45.00	\$60.00	Management company for corporate health clubs, spas and wellness centers.
52	ClubSport of San Ramon San Ramon, CA www.clubsportsr.com	16.9	1%	1989	2	1 (CA)	240	5,900	0	\$139.00	\$275.00	High-end multipurpose clubs.
53	The Columbia Association Columbia, MD www.columbiaassociation.org	16.5	-1%	1967	35	1 (MD)	392	22,500	1	\$65.60	\$109.00	Private community service organization with a wide variety of recreational facilities.
54	Aquahab L.P. dba AFC Fitness Bala Cynwyd, PA www.aquahab.com	16.3	2%	1991	4	2 (NJ, PA)	600	15,000	1	\$50.00	\$80.00	Privately owned multipurpose facilities offering fitness, wellness and physical therapy.
55	Gainesville Health and Fitness Centers Inc. Gainesville, FL www.ghfc.com	15.4	7%	1977	3	1 (FL)	425	25,552	0	\$53.02	N/A	Multipurpose, women-only and rehab/wellness center operator.
56	Wisconsin Athletic Club LLC West Allis, WI www.thewac.com	15.3	2%	1976	7	1 (WI)	600	17,000	0	\$65.00	\$124.00	Private club group in the greater Milwaukee area.
57	The Gym Holdings LLC Montvale, NJ www.gettothegym.com**	15.2	N/A	2001	2	1 (NJ)	N/A	N/A	N/A	N/A	N/A	High-end fitness clubs.
58	Max Fitness Columbus, GA www.ownamaxfitness.com	15.1	N/A	2011	36	N/A	N/A	N/A	N/A	N/A	N/A	Fitness club chain.
59	Elmwood Fitness Center Harahan, LA www.elmwoodfitness.com	14.3	0%	1988	4	1 (LA)	461	24,674	0	\$75.00	\$142.00	Multipurpose family health and fitness centers offered as a service of Ochsner Health System.
60	Latitude Sports Clubs Salisbury, MA www.latitudeclubs.com	13.7	0%	1982	5	1 (MA)	400	21,000	0	\$50.00	\$95.00	Massachusetts-based fitness facilities.

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61	Maryland Athletic Club & Wellness Center LLC Timonium, MD www.macwellness.com	13.1	-7%	1996	3	1 (MD)	320	9,400	0	\$69.00	\$98.00	Multipurpose wellness centers for individuals and employers.
62 (tie)	Lakeshore Sport & Fitness Chicago, IL www.lakeshoresf.com	12.5	24%	2011	1	1 (IL)	300	4,500	1	\$139.00	\$261.00	Large, multipurpose tennis and health club facility with a focus on programming.
62 (tie)	Greenwood Athletic and Tennis Club Greenwood Village, CO www.greenwoodathleticclub.com	12.5	5%	1987	1	1 (CO)	240	3,688	0	\$155.00	\$246.00	Large, multipurpose athletic and tennis club.
64	Eastern Athletic Clubs LLC dba Hockessin Athletic Club Hockessin, DE www.hachealthclub.com *	12.3	3%	2007	1	1 (DE)	N/A	N/A	N/A	N/A	N/A	Full-service, multipurpose family-oriented health club.
65 (tie)	Dedham Health and Athletic Complex Dedham, MA www.dedhamhealth.com	11.8	2%	1977	1	1 (MA)	127	6,690	0	N/A	N/A	Large, multipurpose health, fitness and sports complex with strong medical components.
65 (tie)	Big Vanilla Athletic Club Pasadena, MD www.bigvanilla.com **	11.8	N/A	1988	1	1 (MD)	N/A	N/A	N/A	N/A	N/A	Multipurpose facility in Maryland with a focus on families.
67	Tilton Fitness Management Linwood, NJ www.tiltonfitness.com **	11.3	N/A	1980	7	1 (NJ)	N/A	N/A	N/A	N/A	N/A	Management company that develops, owns and operates commercial and hospital-affiliated health clubs.
68	Weymouth Club Weymouth, MA www.weymouthclub.com	10.8	1%	1988	1	1 (MA)	205	4,176	0	\$92.00	\$210.00	Large, multipurpose health and fitness facility with tennis and aquatics.
69	Bodyworks Family Sports Centers Lubbock, TX www.gobodyworks.com	10.7	9%	1992	6	1 (TX)	330	24,000	2	\$39.99	\$109.99	A regional chain of health and fitness clubs focused on faith, family and fitness.
70	Sparrow Michigan Athletic Club East Lansing, MI www.sparrow.org	10.5	4%	1991	1	1 (MI)	320	10,755	0	\$115.50	\$184.00	Hospital-owned multipurpose club.

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71	World Gym Setauket East Setauket, NY www.worldgymsetauket.com	10.4	0%	1980	4	1 (NY)	335	15,200	0	\$49.00	\$125.00	Owner/operator of four multipurpose clubs on Long Island, NY.
72	Cooper Fitness Center Dallas, TX www.cooperaerobics.com	10.2	5%	1970	1	1 (TX)	135	3,480	0	\$167.00	\$270.00	Full-service fitness center and spa.
73	Miramont Lifestyle Fitness Fort Collins, CO www.miramontlifestyle.com	10	5%	1979	4	1 (CO)	300	22,600	1	\$65.00	\$108.50	Large, multipurpose clubs in Colorado.
74	Rochester Athletic Club Rochester, MN www.rochesterathleticclub.com *	9.9	3%	1993	1	1 (MN)	N/A	N/A	N/A	N/A	N/A	Multipurpose, family-focused athletic club.
75 (tie)	L&T Health and Fitness Falls Church, VA www.ltwell.com	9.8	-2%	1984	53	16	368	63,000	35	N/A	N/A	Women-owned health management company acquired by Corporate Fitness Works in 2014.
75 (tie)	Axiom Boise, ID www.axiomfitness.com	9.8	8%	2001	4	1 (ID)	300	20,000	0	\$29.95	\$99.95	Fitness clubs in Idaho.
77	Greater Midland Community Centers Inc. Midland, MI www.greatermidland.org	8.9	1%	1917	8	1 (MI)	731	7,834	1	\$31.00	\$57.00	Nonprofit multipurpose organization.
78	YWCA Minneapolis Minneapolis, MN www.ywcamppls.org *	8.5	3%	1891	3	1 (MN)	N/A	N/A	N/A	N/A	N/A	YWCA branch with three centers.
79 (tie)	Health and Fitness Centers of Northwestern Lake Forest Hospital Lake Forest, IL www.lakeforesthfc.com	8.2	-11%	1994	2	1 (IL)	248	6,289	0	\$112.00	\$256.00	Medically integrated health and fitness centers.
79 (tie)	SportFit Total Fitness Clubs Bowie, MD www.sportfitclubs.com **	8.2	N/A	1986	3	1 (MD)	N/A	N/A	N/A	N/A	N/A	Multipurpose suburban clubs.

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81	Cascade Athletic Clubs Gresham, OR www.cascadeac.com	8	N/A	1977	4	2 (OR, WA)	N/A	N/A	N/A	N/A	N/A	Multipurpose clubs in the Northwest.
82	Cedardale Inc. Haverhill, MA www.cedardale-health.net	7.7	1%	1971	1	1 (MA)	177	3,613	0	\$96.00	\$183.00	Large, multipurpose, family-oriented club.
83	International Tennis Corp. dba Franklin Athletic Club Southfield, MI www.franklinclub.com	7	0%	1969	1	1 (MI)	145	4,200	0	\$127.00	\$185.00	Private club specializing in tennis, fitness and programs for families.
84	Beverly Hills Club Beverly Hills, MI www.beverlyhillsclub.net	6.9	1%	1973	2	1 (MI)	192	7,776	0	\$113.25	\$199.50	Multipurpose club catering to families and singles of all ages.
85	HealthQuest Flemington, NJ www.healthquest-fitness.com	6.6	-6%	2001	1	1 (NJ)	250	3,500	0	\$85.00	\$177.00	Multipurpose family facility.
86 (tie)	Universal Athletic Club Lancaster, PA www.universalathleticclub.com	6.5	-7%	1994	1	1 (PA)	211	14,200	0	\$34.95	\$69.95	Privately owned multipurpose facility.
86 (tie)	TriHealth Fitness Pavilion Cincinnati, OH www.trihealth.com	6.5	0%	1997	1	1 (OH)	47	4,002	0	\$56.00	\$161.00	Medically based multipurpose fitness center.
88	Ruth Stricker's Fitness Unlimited Inc. dba The Marsh Minnetonka, MN www.themarsh.com	6.4	-10%	1985	1	1 (MN)	225	2,580	0	\$93.00	\$135.00	Health and fitness club in Minnesota.
89	Genesys Athletic Club Grand Blanc, MI www.genesysathleticclub.com	6.3	7%	2001	1	1 (MI)	195	6,234	0	\$99.00	\$165.00	Hospital-based multipurpose club.
90	Spearman Clubs Inc. Laguna Niguel, CA www.spearmanclubs.com	6.2	-3%	1970	4	1 (CA)	90	3,000	0	N/A	N/A	Family-owned upscale multipurpose facilities.

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RANK	COMPANY	2013 REVENUE (MILLIONS)	REVENUE CHANGE ¹	FOUNDED	# SITES	# STATES OPERATING IN	# EMPLOYEES	# MEMBERSHIPS	# CLUBS OPEN/ACQUIRE IN 2014	SINGLE MEMBERSHIP DUES PRICE	HOUSEHOLD/FAMILY MEMBERSHIP DUES PRICE	PROFILE
91	Prime Time Athletic Club Inc. Burlingame, CA www.primetimeathleticclub.com	5.8	-6%	1979	2	1 (CA)	96	4,300	0	\$105.00	\$175.00	Full-service athletic facility with indoor and outdoor facilities.
92	Baylor Tom Landry Health and Wellness Center Dallas, TX www.landryfitness.com	5.5	1%	1991	1	1 (TX)	140	6,000	0	\$60.00	N/A	Medically affiliated multipurpose facility.
93	The Sports Club of West Bloomfield West Bloomfield, MI www.thesportsclubs.com	5.4	0%	1991	1	1 (MI)	160	2,300	0	\$74.00	\$159.00	Multipurpose facility.
94	LifeBridge Health & Fitness LLC Baltimore, MD www.bestbaltimorefitness.com	5.3	-1%	1994	1	1 (MD)	140	4,407	0	\$90.00	\$220.00	Large hospital-based wellness facility.
95	Premier Health & Fitness Center Tallahassee, FL www.phfc.com	4.9	-2%	1986	1	1 (FL)	93	8,313	0	\$46.00	\$112.00	Subsidiary of Tallahassee Memorial HealthCare Inc.
96	City Club at River Ranch Lafayette, LA www.cityclubatriverranch.com	4.6	-6%	2001	1	1 (LA)	157	2,900	0	\$106.92	\$168.48	High-end, full-service facility.
97	Telos Fitness Center Dallas, TX www.telosfitnesscenter.com	4.1	3%	2003	1	1 (TX)	48	1,986	0	\$115.00	\$183.00	Luxury-level club specializing in member service and professional training.
98 (tie)	Breakthru Fitness LLC Pasadena, CA www.breakthrufitness.com	3.5	6%	2009	1	1 (CA)	80	1,700	0	\$109.00	\$299.00	Training-centric boutique health and fitness club.
98 (tie)	Buffalo Grove Fitness Center Buffalo Grove, IL www.bgparks.org	3.5	-10%	2000	1	1 (IL)	125	3,200	0	\$73.00	\$108.00	State government, park district-owned multipurpose facility.
100	The Center for Health & Fitness at University Hospitals, Avon Health Center Avon, OH www.emh-healthcare.org	3.3	-4%	1908	1	1 (OH)	105	4,307	0	\$70.00	\$120.00	Large, single site, for-profit hospital-based fitness center.

KEY: * = Estimated 3% increase. ** = No estimated increase. *** = Revenue derived from various financial and industry sources.
¹ = Increases may reflect revenue growth through acquisition or new club openings. N/A = Not available.